



***The aim of Lent is like the aim of every moment of this life:
to become more like Our Lord.***

***How can I better engage in the unconditional love, peace,
and forgiveness which he so perfectly manifests? That is the question!***

Lent seems to me to be about having a series of bold and very specifically designed encounters with the things that reflect this type of growth.

To this end, I offer these Lenten Resolves which I pray may be of assistance to you on your Lenten journey.

- ***What additional worship experiences will I engage in during this season to grow closer to God?***
- ***What will I sacrifice for others who suffer so greatly in this world?***
- ***What will I read to enhance my understanding of the Christian faith?***
- ***What relationship will I seek to heal in this season?***
- ***What things in my life will I seek to amend to the glory of God?***

Faithfully,

The Right Reverend Dean E. Wolfe, Rector

Here are some other proposals to enter more fully into God's presence through Lenten disciplines. Consider copying these, printing them, and praying for God's help in making them your own.

1. Where in my relationships is there hurt, misunderstanding, or anger? Who am I having difficulty forgiving?

I resolve this Lenten season to pray for these persons and reach out to them in the spirit of love and forgiveness.

2. What can I do without in these forty days that will help those who suffer from poverty, natural disaster, or injustice?

I resolve, between now and Easter, to do without the following and to channel those resources to help those in difficult circumstances.

3. What area of Christian life do I need to learn more about?
Jesus' teaching in the Gospels? Forgiveness? Prayer?
Marriage enrichment? Parenting? Managing money faithfully?
Facing death, and planning wisely?

I resolve to read and study the following books or publications.

*(You may want to seek out someone who can
recommend good reading on these subjects.)*

4. Where in my busy schedule can I find time for greater worship/quiet
time to be alone with God's Spirit?

*I resolve each day in Lent to create a space where I can be alone
with God in prayer, worship, and devotion.*

5. What habits are actively destructive to my becoming what God in Christ would have me be? (Anger, gossiping, self-indulgence, gluttony, substance abuse, inability to forgive, lack of trust, greed, hidden resentments, prejudice, failure to serve the poor, negligence in worship, lack of concern for the environment...)

I resolve in this Lenten season to pray deliberately and to work openly to overcome the following:



ST BART'S

325 PARK AVENUE
AT 51ST STREET
NEW YORK, NY 10022
212-378-0222

STBARTS.ORG



Like us on **Facebook.com/stbartsnyc**
Follow us on **Twitter @stbartsnyc**